



HALE Health Action Local Engagement
Healthy Living Project



Bracken Hall: March 2020

Indoor & outdoor creative & learning activities are available during **normal opening hours: every Saturday & Sunday, 12pm to 4pm.** Our March theme is **Life Cycles.** All welcome. Refreshments (and loos) available. Wildlife friendly garden always open

Thursdays at 10am: Baildon Men's Shed. Come & have fun woodworking with other men! No experience needed. Good coffee. Good banter. Good company. Great fun. Fresh air. Call James for more info 07946 155347 or James.howgego@haleproject.org.uk.

Wednesday March 4th: Preschool Afternoon aka **Bracken Tots.** Parents, grandparents and carers and their preschool kids are invited to our preschool sessions. There will be indoor crafting, stories to share, friends to make, educational opportunities & time spent in our wildlife garden. We have a very keen mum signed up as a Bracken Hall volunteer – would you be able to help out like this, perhaps once a month? Please bring along your ideas & enthusiasm! **Drop-in session 1-3pm.**

Friday March 13th: Guided Walk via Cartwright Hall Gallery. Come along for a 9-mile circular walk, led by *Friends of BHCC*, taking you along some of the less trod routes in the area. March is a special time to be out in the countryside, no matter how urban this walk may at first appear. Please wear stout footwear and bring clothing appropriate for the forecast, a packed lunch and a drink. **Meet at BHCC at 10.30am, back by 4pm.**

Wednesday March 18th: Preschool Afternoon aka **Bracken Tots.** Details as March 4th, above.

Upcoming events

There are lots of things in the offing. One of our approved providers, Sponge Tree, will launch their **Forest School after school club** after Easter. It will be based at BHCC but most activities will be in the woods. For details/bookings [phone 07914 389 726](tel:07914389726).

We're still finalizing things for our first event that celebrates the **International Year of Sound.** Listen out for details! Further into spring.

We're planning our first **Dog-friendly-Friendly-Dog-Day**, featuring all sorts of fun and information.

If you know an organization that we should involve, please let us know.

Two other dates for your diaries, professional artist Linda Hollingshead will run an afternoon workshop to encourage anyone to start on 6th and a full day workshop to help keen artists further improve (June 20th). Watch this space or check out the Baildon Town Council website.

Most events FREE (donations welcome). Minors to be with responsible adult

Bracken Hall Countryside Centre, Glen Rd, Baildon, BD17 5EA

On the edge of Shipley Glen/near Saltaire so why not make a day of it!

Follow us online, on Facebook, or phone Richard White 07938 063 062, or email him on

brackenhallmanager@baildowntowncouncil.gov.uk for updates